**Merchandise Prices**

# Swim Items

Ear Plugs $6.00

Goggles - Crabby [3 – 6] $12.50

Goggles - Hero [6 – 12] $15.00

Goggles - Hydrospex Adult $25.00

Goggles - Hydrospex JR [6 - 14] $25.00

Goggles - Hydrospex Kids [3 - 6] $17.50

Nose Clips $6.00

Swim Cap $10.00

# Aqua Fit Items

Barbell $40.00

Fit Belts (S, M, L, XL) $45.00

Noodle $25.00

# Miscellaneous Items

Combination Lock $6.00

Lanyard for Whistle $3.50

Pocket Mask $10.00

Swim Diaper $2.00

Whistle $4.50

Whistle & Lanyard Combo $6.00

# Leadership Books and Materials

## Bronze Medallion & Bronze Cross Courses

*Canadian Lifesaving Manual* $45.00

## Standard First Aid Courses

*Canadian First Aid Manual* $20.00

## National Lifeguard Courses

*Alert: Life Guarding in Action* Manual $45.00

Course Package $65.00

*Includes whistle, pocket mask, Alert manual*

## Instructor Courses

Swim Instructor Course Pack $45.00  
Includes two Award Guides: *Swim for Life* and *Teaching Swim for Life*.

Lifesaving Instructor Course Pack $65.00  
Includes four Award Guides: *Bronze Medal*, *First Aid*, *Swim Patrol* and *Instructor Notes*.

Swim/Lifesaving Instructor Course Pack $90.00  
Includes six books: *Swim 4 Life*, *Teaching Swim for Life, Bronze Medal*, *First Aid*, *Swim Patrol* and *Instructor Notes* Award Guides.

Individual Award Guides $25.00  
Choice of either *Bronze Medal; First Aid; Instructor Notes; National Lifeguard; Swim for Life; Swim Patrol; Teaching Swim for Life.*